

Cottesloe Surf Life Saving Club

EDUCATION CALENDAR

Season 2011/2012

Certificate II Public Safety Aquatic Rescue PUA21004 (Bronze Medallion)

Course Dates

The timetable below is tentative as at 29.8.11 and any final timetable will be dependent on the actual availability of club trainers and assessors.

Regular updates will be notified to member by the club website and notice board .Members are encouraged to view the club website for updates and also take note of the notice board outside the club managers office.

Course Number	Wed Theory Dry Skills	Sunday Practical Wet Skills	Prelim Assessment	Final Assessment
Course 1	21/09/2011	25/09/2011	26/10/2011	2/11/2011
	28/09/2011	2/10/2011	30/10/2011	6/11/2011
	5/10/2011	9/10/2011		
	12/10/2011	16/10/2011		
	19/10/2011	23/10/2011		
Course 2	23/11/2011	27/11/2011	18/01/2012	25/01/2012
	30/11/2011	4/12/2011	22/01/2012	29/01/2012
	7/12/2011	11/12/2011		
	14/12/2011	18/12/2011		
	11/01/2012	15/01/2012		
Course 3	15/02/2012	19/02/2012	21/03/2012	28/03/2012
	22/02/2012	26/02/2012	25/03/2012	1/04/2012
	29/02/2012	4/03/2012		
	7/03/2012	11/03/2012		
	14/03/2012	18/03/2012		

Theory (dry) sessions held on Wednesday evenings –**Training Room & Courtyard ---- 6.00pm SHARP**

Practical (wet) sessions held on Sunday mornings – **Meet at Boat Shed ---- 7.00am SHARP**

Every effort will be made to complete the course within these dates and it is a requirement that candidates attend all sessions in order to be prepared for the Final Assessment.

Please note that candidates will not be forwarded for assessment to SLSWA if there is insufficient attendance at training sessions or a candidate has not reached the required level of competency.

Training Mankin Kit, Training Manuals, Workbooks and Club Cap will be issued to candidates on the first training session.

All candidates MUST be financial before enrolling in the Course

Online Learning and study available on the following link: <http://www.mybeach.com.au/node/85>

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Other Award and Advanced Awards:

The following are advanced and other awards and course dates will be notified by Cott mail and the Club Website

Advanced Resuscitation Techniques Certificate

<http://www.mybeach.com.au/courseartc>

Spinal Management:

Silver Medallion Basic Beach Management (SMBBM):

Senior First Aid/Occupational First Aid:

IRB Crewperson

IRB Driver

HLTFA404A

Dates to be advised shortly

Dates to be advised shortly

Dates to be advised shortly

Dates to be advised shortly

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Proficiency Dates:

Prior to proficiency test it is recommended a member should hold a series of personal revision sessions to go refresh the member on the current SLSA requirements in regards to resuscitation, signals, radio and rescue theory etc. The SLSA website has all the current information to which the club member must be proficient.

Series A

This series yet to be confirmed will be conducted early in the season (Oct 2011) and will be by invitation only and will be organised mainly so to accommodate early qualification of non proficient members from last season or special groups such as skis, boats etc

Applicable members will be contacted by SMS or email and should make themselves available on selected times for these special sessions.

Series B

This series will be organized to accommodate the majority of the club members and its aim is to be as flexible as possible within the limited time of assessors and the number of assessors available.

The timetable below is tentative as at 29.8.11 and any final timetable will be dependent on the actual availability of club and external assessors.

Regular updates will be notified to member by the club website and notice board. Members are encouraged to view the club website for updates and also take note of the notice board outside the club managers office.

	DRY ASSESSMENT	DRY ASSESSMENT	WET ASSESSMENT
	11.30-1.30	7.00-9.00	9.15-11.15
Sun	30-Oct		

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Sat		5-Nov	5-Nov
Sun	6-Nov		
Sat		12-Nov	12-Nov
Sun	13-Nov		
Sat		19-Nov	19-Nov
Sun	20-Nov		
Sat		26-Nov	26-Nov
Sun	27-Nov		
Sat		3-Dec	3-Dec
Sun	NA		

NOTE:

- a. To be as flexible as possible and less impositions on assessors time in 2011/12 the Life Saving committee has reverted back to one day sessions and a additional dry session on Sunday after normal club activities. **Note this dry session on Sunday is tentative and is reliant on the availability of assessors.**
- b. The Club Education Team is very limited in personnel and so is stretched and it is expected that all members wishing to gain proficiency this season will make themselves available to complete the proficiency on the dates set out above or on special invitation dates rather than have any expectations of ongoing proficiency dates to suit personal individual circumstances.
- c. If a member is unable to attend Proficiency at these times, the member will need to let the Education Team know as soon as possible. We will then liaise with the Regional Training Consultant to arrange an alternative date/venue and assessment outside the club.
- d. Any member, who did not successfully complete the appropriate proficiency check in the immediate season prior (2010/2011), **is not permitted to patrol, use club equipment or compete until such time as a proficiency check is completed successfully.**
- e. A member's proficiency is valid until the 31st December each year and where stated in the Surf Life Saving Training Manual (or SLSA Bulletins) must be assessed annually.

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SLSWA 2011/12 Proficiency Guidelines:

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Dry land Skills Requirements:

Resuscitation (CPR)

Assessment on a live patient and demonstration of lateral position.

CPR, 1 and 2 people (adult or child or infant) on a manikin. To include resuscitation using a mask with oxygen supplement.

Signals

Demonstrate 10 correct signals as determined by the Assessor.

Radio

Answer three questions on the use of radio as determined by the Assessor

Defibrillation

Answer three questions on the use of the defibrillation as determined by the Assessor.

Aquatic Requirements:

Run Swim Run (timed)

200m Run / 200m Swim / 200m Run in 8 minutes or less:

Rescue

1 of either board or tube. Member may choose the equipment. Must consist of:

Negotiating the surf zone

Securing the patient

Returning to shore with the patient

Calling for assistance

Spinal

Participate in a demonstration of:

Walk up spinal

Water rescue using either 5 person technique OR Spinal board

Proficiency Testing:

All active lifesavers are required to complete a proficiency test to prove competency in the lifesaving award/s they hold and wish to remain current in. Proficiency tests are necessary to:

- ensure ongoing competency of members in their area of training and activities
- maintain the standards of knowledge and expertise of surf life savers
- satisfy legal and statutory requirements
- reinforce and maintain our service commitment to the bathing and beach going community

Patrols 2011/12:

Patrol logs and hours will be entered onto SurfGuard and monitored on a weekly basis. Any member who is unable to fulfil their rostered patrol should organise a substitute and let their Patrol Captain know of this change at least one full week prior to the rostered patrol. If no substitute was organised and the Patrol Captain wasn't informed of their absence prior to the weekend, the member will be deemed 'hours down'.

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These hours will need to be made up prior to their next rostered patrol, at a penalty rate of 1.5 times the original hours. (eg. if they missed a 4 hour patrol, they will need to complete 6 hours prior to their next rostered patrol). If a member misses two patrols in succession without arranging a substitute or having a valid reason, the member and their Patrol Captain will have to attend a Patrol disciplinary meeting to explain their actions.

Members will be able to view their hours on

<https://www.lifesavingonline.com.au/SLSA Online/modules/home/index.php?noRedirect=1&applicationSchemaID=1>

Log on register; you can review your Awards, Proficiencies and Patrol Hours

Any questions please contact:

Proficiency & Advanced Awards:	Kim Patterson	0419 522 858
Bronze Medallion	Kim Patterson	0419 522 858
IRB Awards:	Corey Patterson	0412 142 751
	Chris Inglis	0408 903 724